

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
2023-2023 Recreational and Competitive Schedule							
After School Program	2pm -6pm Monday - Friday						
Beginner to Advanced Artistic Gymnastics							
Parent and Tot			330-415			900-945	
Pre-School 3-4	400-500	430-530 530-630	330-430 430-530	530-630		900-1000	
Jr.s 5-6	400-500 500-600	430 -530 530-630	430-530 530-630	530-630		1000-1100	
Jr's 7-9	600-700 (16)	630-730 (16)	530-630	630-730 (16)		1000-1100 1100-1200	
Boy's Gymnastics 9+	700-800						
Girl's Gymnastics 9+			630-800			1100-1230	
Beginner to Advanced Tumbling							
Tramp and Tumbling Beginner	500-600						
Tramp and Tumbling Intermediate 8+			630-800				
Trampoline Level 1	600-700		600-700				
Trampoline Level 2	700-830		700-830				
Bounce-Ability for Special Needs				430-530			
COMPETITIVE							
Tumbling (2x a week)	700-830		700-830				
Developmental Artistic (3 Hrs a week)		430-600		430-600			
Pre-Competitive Artistic (6-9 hrs/week)		430-730		430-730			330-630
Provincial Team Artistic (12+hrs/week)		430-830		430-830			330-730

CLOSED

B-Days