

Birthday Party Information



Length of party: 1 hr and 45 minutes
One hour of basic gymnastics, trampoline, games and fun.
45 Minutes in the party room.

Party Times: Saturdays at 1:00pm – 2:45pm and 3:00pm – 3:45pm

Ages: Children 5 years and over. This is a coach lead party with instruction. All participants must be over 5 years with the exception of siblings who can be 2 years younger or older.

At this time, we are only hosting parties for children over the age of 5 years. Parents are permitted to attend but must remain in the party room.

Party Packages:

Basic Package: \$175+tax for up to 10 children. \$6.95+ hst each additional child.

Includes: Coach, decorated party room, plates, cups, utensils, napkins, tablecloths, a t-shirt for the party child and washable tattoos for all attendees.

Ninja Party: Same options as above but with a Ninja twist! The gym will be set up with action-packed obstacles that will entertain even the most energy filled kids! Add \$25 to make this a pizza Ninja party!

Pizza Package: \$200+tax for up to 10 children. \$8.95+ hst each additional child.

Includes all of the above plus 2 large 16" Pepperoni and cheese pizzas and juice boxes, (garlic fingers are another option) Add \$15 for each additional pizza. Pizzas are supplied by [Pete-Za Perfect](#)

Attire:

Kids should wear comfortable clothing, No jeans, jewelry, belts or dresses. Socks are needed. Hair tied back, no gum or food on the floor, just bring energy for fun!

Payment: A party is not confirmed until full payment is made. Payments can be made by cash, cheque or e-money transfer to gymnationclub@gmail.com

Refunds due to cancellation: A non-refundable \$50 deposit is required for booking. This is put toward your total party price at the end of the party or when the remaining party fee is paid.

Birthday Party Rules and Regulations:

- Party-goers must be at least 5 years of age and within 2 years of the birthday child.
- Only registered/insured gymnasts are permitted in the gym area, all others must remain in the viewing area including parents.
- Children must remain with and listen to the coach otherwise they will be asked to leave the gym.
- Participants may not be in the gym area without a coach.
- NO food or drink or gum is permitted in the gym area.
- Children must dress in cool, comfortable snug fitting clothing. No jeans, belts skirts, tu-tus or jewelry. Hair must be tied back and shoes are to be left outside the gym area in the waiting room. Socks are required for the trampoline. If children forget socks, we have some available for \$5.00
- Alcohol, cigarettes or e-cigarettes (Vapes) are not permitted on the premises.

To book: Download a copy of the birthday party form from our website, fill out and return with \$50 deposit payment via email to or drop by the club during office hours.

Email: gymnationclub@gmail.com

Birthday Party Form – **A \$50 non-refundable deposit is required to book.**

Child's Name _____

Age _____ D.O.B. _____
Year Month Day

Address _____ Postal Code _____

Parent/Guardian 1 Full Name _____

Phone _____ Email: _____

Parent/Guardian 2 Full Name _____

Phone _____ Email: _____

Date of Party _____ **Time:** _____

Type of party: Basic Pizza Ninja

Number of children attending: _____

I am the parent or legal guardian of _____ (name of child). I acknowledge that GymNation Gymnastics is operating out of , 32 Park Rd. Unit #3. Elmsdale, N.S. for the purpose of gymnastics and trampoline activities. I agree to my child participating in the gymnastics, party, camp and/ or trampoline activities being carried out under the supervision of the GymNation Gymnastics in the aforementioned facility. I understand and confirm that the GymNation Gymnastics and shall have no responsibility or liability should any loss or injury be suffered by my son or daughter while participating in such gymnastics, party, camp and/or trampoline activities, to be carried out under the supervision of GymNation Gymnastics staff, In return for the GymNation Gymnastics permitting the use of the facility during the season specified on the registration form or date specified on the birthday party invitation, which license also includes permitting members of the GymNation Gymnastics (of which my son or daughter is a member or invited guest) to use the facility, I HEREBY FOREVER RELEASE AND DISCHARGE the GymNation Gymnastics staff and officers, including their respective board members, officers, employees, agents, and successors from and against all manner of claims, demands, actions suits, legal proceedings or damages which I or my child, or both, may have any loss or injury which may arise out of which is in any way related to my child's participating in the gymnastics or trampoline activities referred above.

Date _____ Signature of Parent or Guardian _____

Date _____ Signature of Parent or Guardian _____

MEDIA WAIVER (Optional) GymNation Gymnastics has my permission to use my child's photograph, video and audio recordings, likeness, artwork, profile and/or story on their web pages and other promotional materials produced, used by and representing GymNation Gymnastics. I understand the circulation of the materials could be worldwide and that there will be no compensation to me for this use.

Date _____ Signature of Parent or Guardian (if under 18) _____

Method of payment: E-Transfer _____ Credit card _____ Cash/cheque _____

Office use only:

Deposit received: Yes _____ **Remaining balance received:** Yes _____

Gymnastics Nova Scotia requires all clubs to register all party attendees for insurance purposes. Please provide the full names of all the children who will be attending on the day of the party. We will require an estimated number 24 hours prior.

Please indicate under special notes below if any child has any medical or behavioural conditions.

Children must be at least 5 years old to attend.

Child's First Name	Child's Last Name
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____
11. _____	_____
12. _____	_____
13. _____	_____
14. _____	_____
15. _____	_____

Special Notes:

Forms may be emailed to gymnationclub@gmail.com along with a \$50 deposit.

Parties are not confirmed until deposit has been paid. Payment can be made via email money transfer to gymnationcub@gmail.com or via credit card over the phone.