

Positions: Pre-competitive Coach - 1 Position
Provincial Level Coach / Admin - 1 Position
Bounce-Ability Rebound Therapy Instructor
Recreational Gymnastics Coach in Training (Ages 13+)

Please note: These positions could be merged into one full time position for the right candidate.

Pre-competitive Coach—1 Position - Approx. 12—20 hours a week
Must have Intro to Comp 1 Training

Duties:

Working with gymnasts ages 5 - 8 years
Preparing gymnasts for upcoming competitions
Following the TENS program and the new CCP Program.

Provincial Level Competitive Team Coach— Approx. 12—20 hrs a week
Must have Comp 1 or Comp 2 training

Duties:

Working with gymnasts ages 5– 14 years
Preparing gymnasts for upcoming competitions
Following the new CCP Program and the Women’s Artistic Gymnastics Program

Bounce-Ability - Rebound Therapy Instructor - Approx. 10 - 20 hrs a week

Duties:

Working with persons with disabilities ages 7 +
Following the Rebound Therapy Winstrada Program
Instructing gymnasts on basic to advanced trampoline skills
Will be required to learn the Rebound Therapy course information.

Required qualifications for all positions:

- Must be eligible to work in Canada without sponsorship
- Experience working with children
- NCCP Foundations in Women’s Artistic Gymnastics (Training is provided)
- Police Record Check required
- Current Basic First Aid Certification
- Strong organizational and Administrative skills
- Ability to occasionally lift, carry, and/or drag approximately 50 lbs
- Coaches are required to lift and spot athletes of various ages and sizes

Personal Suitability

- Effective interpersonal skills
- Team player
- Excellent oral communication
- Values and ethics
- Reliability
- Organized

Perks:

- Flexible schedule
- Staff discounts
- Company Events
- On-site parking
- Company growth
- Career coaching with training

Coaching as a career

- ◆ Gymnastics coaches are still very much in demand all across the country and the world.
- ◆ The training you receive here can be applied to anywhere there is a gymnastics club. In Canada , the USA and many other countries across the globe.
- ◆ Many universities also have gymnastics programs where they require instructors.
- ◆ Gymnastics Canada , Gymnastics Nova Scotia and Sport Nova Scotia also offer many opportunities for career development and sport training.
- ◆ K. J. Kindler is an American college gymnastics coach and the current head coach of the Oklahoma Sooners women's gymnastics team,. In 2022 she currently makes \$500,000 a year.

Why not make a career out of doing what you love!

Main Responsibilities for all positions:

- Use appropriate spotting techniques when needed to assist participants
- Ensure a safe learning space by checking safety of equipment before use
- Create a fun, and positive environment for all participants
- Challenge all participants appropriately and in an encouraging manner
- Modify activities to suit individual athletes ability and readiness
- Ensure safe progressions are used to develop gymnastics skills
- Keep class active by designing circuits with return lines to minimize line ups
- Maintain a positive attitude and enthusiasm while coaching
- Maintain focus on class at all times with a clear view of participants
- Follow lesson plans provided to deliver age and level appropriate gymnastics lessons
- Lead by example with an active, energetic pace
- Treat everyone equally using patience and tolerance
- Welcome new students into your class with an introduction to the group and facility
- Set clear boundaries for participants
- Uses a mix of appropriate instructions/demonstrations
- Ensure participants follow the gym rules and are respectful of each other and the facility
- Apply care or first aid to injuries
- Address any disciplinary or bullying situations
- Follow rotation schedules and respect other coaches and groups requirements
- Set up appropriate circuits and stations and clean up at the end of the shift
- Communicate with participants and parents with confidence and enthusiasm
- Establish and maintain excellent professional relationships
- Demonstrate a sense of fair play and promote sportsmanship
- Find ways to make all participants feel good about themselves
- Use appropriate verbal and non-verbal communication and open body language
- Provide varying feedback that is specific, positive and constructive
- Communicate important information with parents that is pertinent to their child i.e. injury Inform the office if there are any discrepancies in class attendance, children not picked up, sick children, emergencies etc.
- Provide feedback and communication with all departments including owners
- Be willing to sub when available as others may reciprocate when needed
- Receive performance feedback positively and recognize opportunities for learning and advancement.
- Gives individual and group feedback during and after class
- **Ability to stand for extended periods of time**

If interested in any of these positions, please forward your resume and a letter outlining your experience relative to the position and forward to info@gymnationclub.com

Contact: Ms. Brenda Carmichael

