

## Birthday Party Information

**Length of party:** 1 hr and 45 minutes  
One hour of basic gymnastics, trampoline, games and fun.  
45 Minutes in the party room.



**Party Times:** Saturdays at 12:30pm-2:15pm and 2:45-4:30pm

**Ages:** Children 5 years and over. This is a coach lead party with instruction. All participants must be over 5 years with the exception of siblings who can be *within* a year or two younger or older.

***At this time, we are only hosting parties for children over the age of 5 years. Only 4 parents/guardians/caregivers are permitted into the gym to attend. Masks are optional***

### Party Packages:

**Basic Package:** \$175+tax for up to 10 children. \$6.95+ hst each additional child.

Includes: Coach, decorated party room, plates, cups, utensils, napkins, tablecloths, a t-shirt for the party child and washable tattoos for all attendees. **A NINJA Package** is the same as a basic with a NINJA Theme

**Pizza Package:** \$200+tax for up to 10 children. \$8.75+ hst each additional child.

Includes all of the above plus 2 large 16" Pepperoni and cheese pizzas and juice boxes. Add \$15 for each additional pizza. Pizzas are supplied by [Pete-Za Perfect](#)

### Attire:

Kids should wear comfortable clothing, No jeans, jewelry, belts or dresses. Bare feet is preferred. Hair tied back, no gum or food on the floor, just bring energy for fun!

**Payment:** A party is not confirmed until full payment is made. Payments can be made by cash, cheque or e-money transfer to [gymnationclub@gmail.com](mailto:gymnationclub@gmail.com)

**Refunds due to cancellation:** A \$50 deposit is required and is non-refundable in the case of cancellation. Otherwise, the deposit will be put toward your full amount owing.

### Birthday Party Rules and Regulations:

- Party-goers must be at least 5 years of age and within 2 years of the birthday child.
- Only registered/insured gymnasts are permitted in the gym area, all others must remain in the viewing area including parents.
- Children must remain with and listen to the coach otherwise they will be asked to leave the gym.
- Participants may not be in the gym area without a coach.
- NO food or drink or gum is permitted in the gym area.
- Children must dress in cool, comfortable clothing. No jeans, belts or jewelry. Hair must be tied back and shoes are to be left outside the gym area in the waiting room.
- Alcohol, cigarettes or e-cigarettes (Vapes) are not permitted on the premises.

**To book:** Download a copy of the birthday party form from our website, fill out and return with \$50 deposit payment via email to or drop by the club during office hours.

Email: [gymnationclub@gmail.com](mailto:gymnationclub@gmail.com)

# Birthday Party Form — **A \$50 non-refundable deposit is required to book.**

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Parent/Guardian 1 Full Name \_\_\_\_\_

Phone \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian 2 Full Name \_\_\_\_\_

Phone \_\_\_\_\_ Email: \_\_\_\_\_

**Date of Party** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Number of children attending:** \_\_\_\_\_ **Type of Party: (Circle one)**    **BASIC**    **PIZZA**    **NINJA**

I am the parent or legal guardian of \_\_\_\_\_ (name of child). I acknowledge that Jump To It Trampoline and Tumbling and GymNation Gymnastics is operating out of GymNation Gymnastics, 32 Park Rd. Unit #3. Elmsdale, N.S. for the purpose of gymnastics and trampoline activities. I agree to my child participating in the gymnastics, party, camp and/ or trampoline activities being carried out under the supervision of the GymNation Gymnastics in the aforementioned facility. I understand and confirm that the GymNation Gymnastics and Jump To It Trampoline shall have no responsibility or liability should any loss or injury be suffered by my son or daughter while participating in such gymnastics, party, camp and/or trampoline activities, to be carried out under the supervision of GymNation Gymnastics and Jump To It Trampoline staff, In return for the GymNation Gymnastics permitting the use of the facility during the season specified on the registration form or date specified on the birthday party invitation, which license also includes permitting members of the GymNation Gymnastics or Jump To It Trampoline (of which my son or daughter is a member or invited guest) to use the facility, I HEREBY FOREVER RELEASE AND DISCHARGE the GymNation Gymnastics and Jump To It Trampoline staff and officers, including their respective board members, officers, employees, agents, and successors from and against all manner of claims, demands, actions suits, legal proceedings or damages which I or my child, or both, may have any loss or injury which may arise out of which is in any way related to my child's participating in the gymnastics or trampoline activities referred above.

Date \_\_\_\_\_ Signature of Parent or Guardian \_\_\_\_\_

Date \_\_\_\_\_ Signature of Parent or Guardian \_\_\_\_\_

**MEDIA WAIVER (Optional)** GymNation Gymnastics and Jump To It Trampoline has my permission to use my child's photograph, video and audio recordings, likeness, artwork, profile and/or story on their web pages and other promotional materials produced, used by and representing GymNation Gymnastics or Jump To It Trampoline . I understand the circulation of the materials could be worldwide and that there will be no compensation to me for this use.

Date \_\_\_\_\_ Signature of Parent or Guardian (if under 18) \_\_\_\_\_

**Method of payment:** E-Transfer \_\_\_\_\_ Credit card \_\_\_\_\_ Cash/cheque \_\_\_\_\_

**Office use only:**

**Deposit received:**    Yes \_\_\_\_\_    **Remaining balance received:**    Yes \_\_\_\_\_

# ***What you need to know before your party***

## ***Ages:***

***5 years and older*** - Due to restrictions, all attendees will need to be 5 years of age or older. Parents are not permitted at this time with the exception of the party child parents or host. It is a coach led party with instruction.

## ***Attire:***

Kids should wear comfortable clothing, No jeans, jewelry, belts or dresses. Sock feet is preferred. Hair tied back, no gum or food on the floor, just bring energy for fun!

## ***Payment:***

A party is not confirmed until full payment is made. Payments can be made by cash, credit card over the phone or e-money transfer to [gymnationclub.com](http://gymnationclub.com)

## ***Refunds due to cancellation:***

A \$50 deposit is required and is non-refundable in the case of cancellation. Otherwise, the deposit will be put toward your full amount owing.

## ***Birthday Party Rules and Regulations:***

- ◆ Party-goers must be within 2 years of the birthday child and all over the age of 5 years.
- ◆ Parents are not permitted on the gym floor and only the party hosts (4 minimum) are permitted.
- ◆ Children must remain with and listen to the coach at all times.
- ◆ Participants may not be in the gym area without a coach.
- ◆ No food or drink or gum is permitted in the gym area.
- ◆ Children must dress in cool, comfortable clothing. No jeans, belts or jewelry. Hair must be tied back and shoes are to be left outside the gym area in the waiting room.
- ◆ Children should bring their own water bottle.
- ◆ There is a no tolerance policy on profanity.
- ◆ Alcohol, cigarettes or e-cigarettes (Vapes) are not permitted on the premises

The party room must be cleaned and ready for the next party by the scheduled end time.

***COVID RULES – Masks are optional – Only 4 parents/caregivers permitted per party***

Gymnastics Nova Scotia requires all clubs to register all party attendees for insurance purposes. Please provide the full names of all the children who will be attending on the day of the party. We will require an estimated number 24 hours prior.

Please indicate if any child has any medical conditions.

Children must be at least 5 years old to attend.

Child's First Name

Child's Last Name

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____

Special Notes:

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Forms may be emailed to [gymnationclub@gmail.com](mailto:gymnationclub@gmail.com) along with a \$50 deposit.

Parties are not confirmed until deposit has been paid. Payment can be made via email money transfer to [gymnationclub@gmail.com](mailto:gymnationclub@gmail.com) or via credit card over the phone.